

## Embassy of India, Berlin invites you to the

## European Ayurveda Congress 2024

Ayurveda for One Health Ayurveda for everyone, everyday

20 January 2024

*Venue: Tiergartenstr. 17, 10785 Berlin, 1030 – 1530 Hrs* 

The Congress aims to advance the awareness of Ayurveda in Germany. The event would include addresses by eminent speakers, informative presentations, panel discussions, free Ayurveda consultation and exhibition of Ayurvedic products.

Please click here to register

We look forward to welcoming you

Organized in association with



## **Programme**

10:30 – 11:00 hrs Registration

11:00 - 12.00 hrs Opening Session

Welcome: Embassy of India, Berlin

Introduction: Dr. Anoosha N Shastry, Director, Sanatana

Akademie, Munich

Address by H. E. Mr. P. Harish, Ambassador of India to Germany

Address by senior representative from the German Federal Ministry of Health (BMG) *(tbc)* 

Presentation by Dr. Sandeep Nair, Research Officer, Evangelisches Hospital, Hattingen on

"Relevance of Ayurveda in European Healthcare System"

12:00 – 13:00 hrs Panel Discussion: "Importance of Ayurveda Diet in Disease Cure"

- Prof. Dr. Andreas Michalsen, Immanuel Krankenhaus, Berlin

- Dr. med. Sandra Szymanski, Evangelisches Krankenhaus, Hattingen
- Dr. Mirajkar Yelloji-Rao, International convener of Global Indian Scientists and Technocrats Forum (GIST)
- Dr. med. Christian Kessler, Immanuel Krankenhaus, Berlin
- Dr. Sandeep Nair, Evangelisches Krankenhaus, Hattingen

Moderator: Dr Anoosha N Shastry

13:00 - 14:00 hrs Lunch Break

14:00 – 15:00 hrs Panel Discussion: "Evolution of Ayurveda Practice in Europe"

- Mr. Giso George, Ayurveda Practitioner, Munich
- Mr. Sajin Philip, Ayurveda Consultant, Austria and Switzerland
- Dr Neela Sheth, Ayurveda Practitioner, Switzerland
- Dr. Harikrishnan, Ayurveda Practitioner, Spain
- Ms. Alaknanda Rao, Ayurveda Practitioner, Netherlands

Moderator: Dr Priyanka Chorge, Director, Ayuryogalaya, Hamburg

Vote of Thanks

12:00 – 15:00 hrs Free Ayurveda Consultation

- Mr. Kiranlal V S, Ayurveda program coordinator, Orthopaedic Praxis Ettrich Madathany, Bad Kreuznach.
- Ms. Sindhu Purohit, Ayurveda Practitioner & Yoga Instructor, Munich
- Dr Neha Sharma Pundrik, Ayurveda Consultant, Munich
- Ms. Nandhini Subramanian, Ayurveda Practitioner, Niedersachsen.